

South Plains College
1401 College Ave.
Levelland, Texas 79336
806-716-2478

Bart Bradshaw

Basketball Volleyball Course Syllabus

Course Number: PHED 1120
Course Title: Basketball / Volleyball
Credit Hours: 1 Lab hours 3
Prerequisite: None
Core: No
Textbook: None
Supplies: Athletic apparel and non marking athletic shoes
Available Formats: Conventional
Campuses: Levelland/Reese Campus

Course Description:

Basketball / Volleyball is an introductory course for students interested in learning to play basketball and volleyball. Topics include the basic history of the sport, rules and their interpretations, floor skills and drills, and court positioning. The course will cover each sport for half a semester.

Course Requirements:

Attendance and Participation
Instructor Observation of Court Play
Written Exam

Course Format:

Lecture / Video
Handouts and class discussion
Court demonstrations

Evaluation:

20% - A comprehensive written final exam
20% - Skill and class behavior grade
60% - Attendance and Participation (Each absence after the 1st counts 2 points and a non-participation counts 1 point off the attendance grade. Arriving late may count points off as well.)

A- 100 – 89.5
B- 89.4 – 79.5
C- 79.4 – 69.5
D- 69.4 – 59.5
F- 59.4 – 0

Attendance Policy:

See the South Plains College General Catalog for class attendance and excessive absences. An individual may be dropped on their 5th absence.

Student Learning Outcomes:**Evaluation:**

The student will learn basic knowledge of the rules of each sport.	Written exam
The student will develop skills such as passing, dribbling, shooting, setting and spiking.	Daily observation
The student will know terms and mechanics used in each sport.	Written exam
The student will know the basics of stretching and warming up.	Daily observation
The student will know the basic care and prevention of injuries	Daily activities

4.1.1.1. Diversity Statement

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

4.1.1.2. Disabilities Statement

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

4.1.1.3. Non-Discrimination Statement

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

4.1.1.4 Title IX Pregnancy Accommodations Statement

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact Chris Straface, Director of Health and Wellness at 806-716-2362 or email cstraface@southplainscollege.edu for assistance.

Campus Concealed Carry syllabus statement:

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

Basketball / Volleyball Daily Activity List
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South Plains College

Day	Daily Activity
1	Check roll, Syllabus, Discuss class, Grading and Attendance
2	Recap Day 1, Tour facility, Introduce stretches, Issue lockers
3	Stretch, laps, explain court markings and hands on rules Basketball
4	Stretch, laps, explain drills, follow through and wrist action
5	Stretch, laps, drills, team drills, play ½ court
6	Stretch, laps, drills, team drills, play ½ court
7	Stretch, laps, drills, team drills, play ½ court
8	Stretch, laps, drills, play full court
9	Stretch, laps, drills, play full court
10	Stretch, Laps, drills, play full court
11	Stretch, Laps, drills, play full court
12	Stretch, Laps, drills, play full court
13	Stretch, Laps, drills, play full court
14	Stretch, Laps, drills, shooting contest
15	Stretch, Laps, drills, free choice – 3 on 3, Horse, 21, Tip
16	Stretch, Laps, drills, play full court
17	Stretch, Laps, explain court markings and hands on rules Volleyball
18	Stretch, Laps, drills – bump, setting
19	Stretch, Laps, drills – bump, setting, spikes and serving
20	Stretch, Laps, drills – bump, setting, spikes and serving
21	Stretch, Laps, drills – bump, setting, spikes and team drills
22	Stretch, Laps, Play
23	Stretch, Laps, Play
24	Stretch, Laps, Play
25	Stretch, Laps, Play
26	Stretch, Laps, Play
27	Stretch, Laps, Play
28	Stretch, Laps, Play
29	Play, Final Review
30	Final Exam