

COURSE SYLLABUS

PTHA 1301

<p>The Profession of Physical Therapy</p>

PHYSICAL THERAPIST ASSISTANT PROGRAM

HEALTH OCCUPATIONS DIVISION

LEVELLAND CAMPUS

SOUTH PLAINS COLLEGE

COURSE SYLLABUS

COURSE TITLE: The Profession of Physical Therapy
COURSE CREDIT: 3
CONTACT HOURS: 3
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SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S LIFE

GENERAL COURSE INFORMATION

Prerequisites: Admittance to Physical Therapist Assistant Program

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of South Plains College PTA degree, the student will be able to:

KNOW (K) - Students will actively and independently acquire, apply and adapt skills and knowledge to develop expertise and a broader understanding of the world as lifelong learners.

COMPREHEND (C) - Students will think analytically and creatively to explore ideas, make connections, draw conclusions, and solve problems.

APPLY (A) - Students will exchange ideas and information with clarity and originality in multiple contexts, act purposefully, reflectively, and respectfully in diverse and complex environment.

EVALUATE (E) - Students will demonstrate integrated learning from different areas and solve problems with creative thinking.

A. COURSE DESCRIPTION:

The Profession of Physical Therapy course introduces students to the profession of physical therapy, the role of the physical therapist assistant, and the PTA's role in the healthcare team. The student will learn about the ever-changing healthcare system and laws and regulations encountered in the profession of PT. The student will learn about the role cultural diversity plays in the provision of healthcare. The student will learn professional oral and written communication skills utilized in the healthcare setting.

GENERAL LEARNING OBJECTIVES (with CAPTE Standard addressed in superscript)

Upon successful completion of the course, the student will be able to:

1. Organize, write and present a research topic related to physical therapy.
2. Differentiate among the roles of the PTA, PT, and other health care providers.
3. Explain the importance of the American Physical Therapy Association (APTA) and the APTA's *Guide to Physical Therapist Practice*
4. Interpret a patient's/client's impairments, activities, and participation limitations using the International Classification of Functioning, Disability and Health^{7D16}
5. Examine ethical issues related to physical therapy care.
6. Explore legal issues related to physical therapy care.^{7D1}
7. Recognize patient confidentiality issues related to physical therapy care.
8. Demonstrate ability to effectively communicate with and educate all stakeholders^{7D7, 7D12}
9. Describe the effect of personality types and learning styles on physical therapy care.
10. Explain the effect of patient diversity on physical therapy care^{7D8}
11. Report common emotional responses to particular medical conditions.
12. Compare and contrast common physical therapy settings and diagnoses.
13. Explain the use of SOAP note format.
14. Explain medical terminology and abbreviations.
15. Apply generic abilities related to course content.

SPECIFIC LEARNING OBJECTIVES (with CAPTE Standard addressed in superscript)

Upon successful completion of the course, the student will be able to:

1. Organize, write and present a research topic related to physical therapy.
 - a. Develop strategies using informational competence to critique a variety of sources.
 - b. Review educational materials published by organizations focused on particular medical conditions if appropriate.
 - c. Identify basic concepts in professional literature including, but not limited to, validity, reliability, and level of statistical significance^{7D10}
 - d. Write and share a 7-10 page paper on a research topic based on current literature.
 - e. Select strategies to prepare and deliver a presentation.
 - f. Modify the presentation to accommodate different learning styles^{7D12}
 - g. Present a research topic with a handout using software such as PowerPoint.
 - h. Complete an evaluation tool for feedback on the presentations of others.
2. Differentiate between the role of PTA, PT, and other health care providers.
 - a. Explain the role of the PTA in wellness promotion, injury prevention, medical treatment, and clinical education^{7D14}
 - b. Describe the variety of settings where physical therapy services are provided.
 - c. Differentiate between the PT, PTA, and PT Aide/Technician responsibilities.
 - d. Differentiate between various health care professionals such as recreational therapist, chiropractor, OT/ COTA, SLP, RN, MD, PA, etc.^{7D28}
 - e. Recognize the multi-, inter-, and intra-disciplinary team approach to health care.

SPECIFIC LEARNING OBJECTIVES, cont.

3. Explain the importance of the American Physical Therapy Association (APTA).
 - a. Review the history of the physical therapy profession.
 - b. Participate in organizations and efforts that promote physical therapy such as the APTA.
 - c. Explain the APTA Vision and its effect on the physical therapy profession.
 - d. Identify current issues affecting physical therapy care.
 - e. Integrate basic concepts related to the *APTA Guide to Physical Therapist Practice*.
 - f. Identify the parameters of the scope of practice of the PTA related to course content.
 - g. Identify parts of physical therapy examination as described in the *APTA Guide to Physical Therapist Practice*, including plan of care, short-term goals, long-term goals, and intended outcomes^{7D17}
4. Interpret a patient's/client's impairments, activities, and participation limitations using the International Classification of Functioning, Disability and Health (ICF)^{7D16}
 - a. Define ICF terminology
 - b. Classify patient/client impairments, activities, and participation limitations using ICF
 - c. Implement ICF terminology in documentation
5. Examine ethical issues related to physical therapy care.
 - a. Adhere to the *APTA Standards of Ethical Conduct for the PTA and The Guide for Conduct of the Physical Therapist Assistant*^{7D4}
 - b. Adhere to the APTA's *Values-Based Behaviors for the Physical Therapist Assistant*^{7D5}
 - c. Participate in professional and community organizations that provide opportunities for volunteerism, advocacy, and/or leadership^{7D13}
 - d. Describe a plan of action that demonstrates sound moral reasoning congruent with core professional ethics and values^{7D6}
 - e. Identify circumstances where ethical violations must be reported.
6. Explore legal issues related to physical therapy care^{7D1}
 - a. Discuss the rules and regulations governing physical therapy within the student's jurisdiction.
 - b. Describe the scope of practice for the PTA and PT.
 - c. Explain the appropriate use of support personnel.
 - d. Discuss the implications of American with Disabilities Act (ADA).
 - e. Differentiate basic aspects of Medicare & Medicaid.
 - f. Describe the potential consequences of failing to obtain informed consent.
 - g. Report to appropriate authorities suspected cases of abuse of vulnerable populations^{7D2}

SPECIFIC LEARNING OBJECTIVES, cont.

7. Recognize patient confidentiality related to physical therapy care.
 - a. Justify the importance of maintaining patient confidentiality.
 - b. Discuss the Health Insurance Portability and Accountability Act (HIPAA) requirements related to physical therapy care.
 - c. Identify consequences of violating confidentiality.
8. Demonstrate ability to effectively communicate with and educate all stakeholders^{7D7, 7D12}
 - a. Identify use of effective listening techniques
 - b. Explain concept of empathy
 - c. Select among the various modes of communication to communicate effectively with all stakeholders, including patients/clients, family members, caregivers, and interprofessional team members
9. Describe the effect of personality types and learning styles on physical therapy care.
 - a. Describe the effect of different personality types and learning styles.
 - b. Describe how oral and written comprehension levels affect physical therapy care.
 - c. Identify strategies to support patient's participation in physical therapy care.
 - d. Discuss different ways to encourage the patient to communicate questions/concerns^{7D7}
10. Explain the effect of patient diversity on physical therapy care^{7D8}
 - a. Demonstrate an understanding of patient diversity including age, gender, culture, religion, and socioeconomic factors.
 - b. Explain norms for various roles among various cultural groups.
 - c. Identify methods to prevent judgmental or stereotypical behaviors.
 - d. Discuss different approaches to accommodate cultural differences
11. Report common emotional responses to medical conditions.
 - a. Describe the stages of grief.
 - b. Identify common responses to grief or dying.
 - c. Describe strategies to address conflicts within the family and community.
 - d. Explain the meaning of empathy.
 - e. Describe modifications to physical therapy care to accommodate the patient's emotional needs.
12. Compare and contrast common physical therapy settings
 - a. Recognize common characteristics (including conditions, diagnoses, age, and functional abilities) of patients commonly found in orthopedic, neurologic, pediatric, geriatric, cardiac, pulmonary, and wound care rehabilitation settings^{7D23}
 - b. Describe common practice management aspects of the organizational planning and operation of physical therapy^{7D30}
 - c. Participate in performance improvement activities (quality assurance)^{7D29}

SPECIFIC LEARNING OBJECTIVES, cont.

13. Explain the use of SOAP note format.
 - a. Describe the four sections of a SOAP note.
 - b. Demonstrate proper use of medical terminology and abbreviations.
 - c. Compare methods of documentation including paper forms and electronic software.
 - d. Explain the importance of accurate documentation to facilitate reimbursement.
 - e. Recognize that documentation may need to be adapted to address third party payers, institutional policies, or regulatory requirements.
 - f. Identify strategies to ensure that documentation is completed in a timely manner^{7D31}
 - g. Document different basic procedural interventions providing information necessary for the physical therapist to evaluate the patient's progress^{7D25}
 - h. Recognize the variety of information included in a medical record.
 - i. Identify instances and consequences of falsification of records.
 - j. Report to appropriate authorities suspected cases of fraud and abuse related to the utilization of and payment for physical therapy and other health care services^{7D3}
 - k. Communicate the understanding of the parts of the plan of care, including STG and LTG.
14. Explain medical terminology and abbreviations.
 - a. Explain the meaning of medical terms commonly used in patient treatments and communication with health care providers.
 - b. Interpret common abbreviations used in PT documentation and communication with health care providers.
 - c. Translate English words that are commonly used in physical therapy settings into Spanish and vice versa.
15. Apply generic abilities related to course content. (*Generic Abilities adapted from the Physical Therapy Program, University of Wisconsin-Madison, May et al. Journal of Physical Therapy Education, 9:1, Spring, 1995.*)
 - a. *Commitment to Learning* – Demonstrate the ability to self-assess, self-correct, and self-direct. Identify needs and sources of learning. Seek new knowledge and understanding^{7D14}
 - b. *Interpersonal Skills* – Demonstrate the ability to interact effectively with patients, families, colleagues, other health care professionals, and the community. Demonstrate the ability to effectively deal with cultural and ethnic diversity issues^{7D8}
 - c. *Communication Skills* – Demonstrate the ability to communicate effectively (i.e., speaking, body language, reading, writing, and listening) for a varied audiences and purposes^{7D7}
 - d. *Effective Use of Time* – Demonstrate the ability to obtain maximum benefit from a minimum investment of time and resources.

SPECIFIC LEARNING OBJECTIVES, cont.

- e. *Use of Constructive Feedback* – Demonstrate the ability to identify sources and seek out feedback and to effectively use and provide feedback for improving personal interaction.
- f. *Problem-Solving* – Demonstrate the ability to recognize and define problems, analyze data, develop and implement solutions, and evaluate outcomes^{7D11}
- g. *Professionalism* – Demonstrate the ability to exhibit appropriate professional conduct and to represent the profession effectively^{7D5}
- h. *Responsibility* – Demonstrate the ability to fulfill commitments and to be accountable for actions and outcomes^{7D5}
- i. *Critical Thinking* – Demonstrate the ability to question logically; to recognize and differentiate facts, illusions, assumptions, and hidden assumptions; and to distinguish the relevant from the irrelevant^{7D11}
- j. *Stress Management* – Demonstrate the ability to identify sources of stress and to develop effective coping behaviors.

ASSESSMENT TECHNIQUES USED BUT NOT LIMITED TO:

- 1. Lecture Exams.
- 2. Assignments.
- 3. Quizzes.
- 4. Midterm Student Evaluations using Generic Abilities.

COURSE GRADING

To successfully complete clinical course PTHA 1301, the student must make a grade of 75 % or higher. Students who fall below passing requirements will not be allowed to continue in the PTA program.

BELOW 77% at midterm of the semester will result in the development of a learning contract and the student being responsible for meeting established goals.

A= 90-100%

B = 80-89%

C = 75-79%

Grade will be calculated based on attendance, class participation, written assignments, and exams:

Attendance/Participation	10%
Research Project	10%
Assignments	5%
Exams	75%
Quizzes & Medical Language Lab activities	10%
Exam 1 - 3	13% each
Final Exam	26%

ACADEMIC INTEGRITY

It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

ACCOMMODATION STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

DIVERSITY STATEMENT

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

NON-CONFIDENTIALITY STATEMENT

As a faculty member, I am deeply invested in the well-being of each student I teach. I am here to assist you with your work in this course. If you come to me with other non-course-related concerns, I will do my best to help.

It is important for you to know that all faculty members are mandated reporters of any incidents of sexual misconduct. That means that I cannot keep information about sexual misconduct confidential if you share that information with me. Dr. Lynne Cleavinger, the Director of Health & Wellness, can advise you confidentially as can any counselor in the Health & Wellness Center. They can also help you access other resources on campus and in the local community. You can reach Dr. Cleavinger at 716-2563 or lcleavinger@southplainscollege.edu or go by the Health and Wellness Center. You can schedule an appointment with a counselor by calling 716-2529.

NON-DISCRIMINATION AND ANTI-HARASSMENT STATEMENT

The South Plains College Physical Therapist Assistant Program is committed to a learning environment in which all individuals are treated with respect and dignity. Each individual has the right to learn in an atmosphere that prohibits discriminatory practices, including harassment. Therefore, the Program expects that all relationships among persons on campus and in the clinical environment will be business-like and free of bias, prejudice and harassment.

It is the expectation of the Program that Program faculty, clinical faculty, and students will conduct themselves without discrimination or harassment on the basis of race, color, national origin, religion, sex (with or without sexual conduct), age, disability, alienage or citizenship status, marital status, creed, genetic predisposition or carrier status, sexual orientation or any other characteristic protected by law. The Program prohibits and will not tolerate any such discrimination or harassment.

B. SPECIFIC COURSE/INSTRUCTOR REQUIREMENTS

1. Handbook:

Students are required to read the SPC Student Guide and the PTA Program Student Handbook and provide a signed Acknowledgement form for permanent student file.

2. Dress Code:

Students are expected to follow the dress code as stated in the PTA Program Student Handbook.

3. Due Date:

A Course Assignments Calendar with a description of assignments due and due dates can be found on Blackboard. For each day an assignment is late, 10% of original total points possible will be deducted; therefore, by the 3rd day late, the assignment will receive a failing grade.

4. Behavior:

Students are enrolled in a professional program and are expected to demonstrate professional behaviors such as respect, preparation for class, and dedication to learning.

Cell phone use in class/clinic will not be tolerated. If a phone sounds during class or a student is found to be texting, the student will be asked to leave class and receive one unexcused absence for the first incident. (see Absence Policy below)

5. Required Materials:

Students must have internet access, an internet browser, and MS Office. If you do not have a computer and internet access at home, you can access South Plains College's Computer Lab.

6. Blackboard:

Course information and announcements, lecture materials, assignments, quizzes, and tests will be available on Blackboard. It is the expectation that students will log on ("check") Blackboard at a MINIMUM of three times a week. Jessica Tucker (806-716-2180 or jetucker@southplainscollege.edu) will be your Tech Support contact for Blackboard.

7. Textbooks

Author(s)	Title	Edition	Year Published	ISBN
Skinner/ McVey	*Clinical Decision Making for the PTA	1st	2011	978-0-7637-7125-6
Dreeben-Irimia	*Introduction to Physical Therapy for Physical Therapist Assistants	2nd	2011	978-0-7637-8130-9
Erickson/ McKnight	Documentation Basics : A Guide for the PTA	1st	2005	978-1-55642-673-5
Gyls	Medical Terminology Express	2nd	2015	978-0-8036-4032-0

* denotes required textbook

ATTENDANCE

A. ABSENCES

Attendance is mandatory and there are no excused absences. Should an absence occur, any missed assignments, exams, or other activities must be completed and arrangements must be made with course instructor to turn in work. If a student is absent for more than 5 class days, then that student will be withdrawn from the course. ***Students MUST notify PTA faculty of absence prior to classtime.**

B. TARDIES

Three tardies count as one absence.

Refer to the PTA Program Student Handbook for additional explanation of attendance policies.

PROFESSIONAL CONDUCT

Students are expected to follow the ethics and rules of professional conduct as outlined in the PTA Program Student Handbook. Unprofessional conduct on the part of a student as outlined in the PTA Program Student Handbook will result in dismissal from the PTA program.

Campus Concealed Carry

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

(http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

You may not apply what you are learning to the general public. You are a student PTA and are learning physical therapy techniques. You will be practicing these skills on each other when you are in lab under the course instructor's supervision. If you are presently working in a clinic you cannot practice these skills on patients. Once you have passed the class, you still cannot practice the acquired skills in a clinic. You will only be permitted to apply these skills to the general public under a clinical instructor's supervision once you begin your clinical internships.